



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Kendale Lakes Elementary #2651	
Principal:	Martha T. Jaureguizar	
Phone Number:	305-385-2575	
School Wellness/Healthy School Team Leader:	Ivett Ceballos, Counselor	
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Nancy Cabrera-Nuñez, AP - Ivett Ceballos, Counselor - Elena Alvarez, BMT - Lludys Espejo, Cafeteria Manager - Evelyn Zarranz-Perez, PE Teacher - Damarys Jones, Teacher	
Committee Meeting Dates:	During Faculty Meeting Schedule - Varies	
ACTION PLAN		
School Wellness/Healthy School Team Goal: (Select all that apply)	X	Nutrition
	X	Physical Education
	X	Physical Activity
	X	Health and Nutrition Literacy
	X	Preventive Healthcare
Steps to Achieve School Wellness/ Healthy School Team Goal:	Nutrition = Promote free meals and healthy meals/snacks through cafeteria and PE program	
	Physical Education = Fitnessgram Testing, Run Club, Superintendent's 5K Race	
	Physical Activity = PE has Mindfulness Mondays and Mindfulness/Yoga with our Counselor on a rotation schedule	
	Health and Nutrition Literacy = During PE and also as part of curriculum; 2nd grade garden areas as a focus with a vital Dade Partner	
	Preventive Healthcare = Immunization reviews, counselor/clinician work with selected students, and special presentations/parent outreach with Nicklaus Children's Hospital staff that partner with our school	