

Girls' Night Out: Why I Love Me?

(A program for girls ages 8-13 and their moms.)



Tuesday, February 25 • 7 – 8:30 p.m.

West Kendall Baptist Hospital
9555 SW 162 Ave – West Wing Auditorium

Empower yourself so you can inspire others. Join us for a panel discussion on how you can love the person you see in the mirror even more. The powerful all women panel will share their personal experiences, offer advice and answer your questions.

Some of the topics that will be discussed include:

- Empowerment
- Mastering Social Media
- Self Care
- Body Image

Space is limited and registration is required.

To register for programs, email Programs@BaptistHealth.net, or call 786-596-3812.



West Kendall Baptist Hospital

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